



# 東中通信

学校の教育目標  
自分とみんなの  
幸せのために動く



みのかも教育21  
FROM-0歳プラン2  
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## Towards Happiness

Principal Hideya Watanabe

## 幸せに向かって

校長 渡辺英哉

### ■ Remember the fact that you were able to act.

I ask all the students. Please reflect on your experience.

What have you done for your teammates and Higashi Junior High?

In the school year 2024, our most important goal was to “Act for your own and everyone’s happiness”. Even a small action or a single word is fine. I believe that everyone has had the experience of “Taking action”.

“I want to connect with my friends,” “I want to connect beyond the boundaries of my grade level”, “I want to connect with adults”.

### ■ In addition to “excitement”

When I looked back on this year, I have often heard that it was fun. We have thought about what we want to create and come up with creative ideas for events such as events during lunch breaks, Sports Festivals (*Danketsu-sai*), Chorus Festivals, and even the F-0 evaluation event. I believe it was exciting and fun for you, and if you were able to contribute even a little, that’s wonderful.

So, what should we focus on going forward? I mentioned this in our first newsletter of this school year.

Use your power for yourself and your friends, and make everyone happy! This is what you learn at Higashi Junior High School.

(You have come to realize that, haven’t you?) When you think about it like that, you may realize that there is one more thing that you want to value. Ant that is ...

### ■ “What to do”

For those of you who had a hard time coming up with an answer to the first question. You may be feeling like, “I can’t do something so ambitious”, or “I can’t even take care of myself properly...”

I understand. I also had a period in my early teens when I was frustrated and irritated without knowing why. I was too preoccupied with my own affairs. That’s why you should think, “For everyone” and “For your friends”. Imaging the happy expressions on your friends’ faces and think about what you can do for them.

Surely these are things that anyone can do if they want to, such as returning greetings, being punctual, and listening to what is said until the end, and are “Things that should be done”. And, of course, once you enter society, this becomes “the norm”.

### ■ Become “happy” by making it your own.

In this way, you think about what you do, including those around you, make decisions, act, and take responsibility. It seems that this power is known around the world as “Agency” (some people translate it as “Sense of ownership”).

In the end, it is this ability that we are all trying to acquire right now. And I believe that this is an important thing that leads to “Happiness” or “Well-being”.



To all the parents and guardians, and local community members, I know that there were many shortcomings. Thank you for your support. I would like to end my writing here with the hope that the students living at Higashi Junior High School will continue to move towards “Happiness” from next year onwards. Thank you very much.

# April Schedule 4月予定



Date	Day	events	End of day meeting	Dismissal	Club
1	Apr.7th (Mon)	【Inauguration / Opening ceremony】			
2		※Wearing Uniform			
3		8:00 Class Announcement, Arrive at school after 7:45 am.			
4		8:15 Morning meeting			
5		8:35 Inauguration / Opening ceremony			
6		9:05 Homeroom activities			
		10:15 Leave school completed			
		※For new 3 <sup>rd</sup> graders who are going to prepare entrance ceremony, leave school around 11:30 after being completed preparation.			
7	Mon	Inauguration, opening and entrance ceremony		2 & 3 Graders 10:15	×
8	Tue	Morning classes (Lunch served)	13:25	13:40	×
9	Wed	3rd graders growth, vision & hearing tests, Club visit	15:00	15:15	×
10	Thu	For 2・3 Graders confirmation tests, For 1 Graders growth development, vision and hearing tests, Club visit	16:00	16:15	×
11	Fri	For 2 Graders, Niji, Wakaba, Growth, Vision and Hearing Tests confirmation tests, For 1 Graders growth development, vision and hearing tests, Club visit	16:00	16:40	○
12	Sat				
13	Sun				
14	Mon	3rd Grader National Academic Survey (Science/question paper)	15:00	15:15	×
15	Tue	Club trial ①	16:00	16:40	○
16	Wed		15:00	15:15	×
17	Thu	For 3 Grades, National Academic Survey (Japanese/Math) For 2 Graders, Dental check, Entire School ST	15:00	16:15	×
18	Fri	Club trial ②	16:00	16:40	○
19	Sat				
20	Sun				
21	Mon		15:00	15:15	×
22	Tue		16:00	16:40	○
23	Wed		15:00	15:15	×
24	Thu	Official Enrollment for Club For Niji・3 Graders Dental check, Grade ST	16:00	16:15	×
25	Fri	PTA Class Observation・Grade Level Meeting (Afternoon)	14:40	14:55	×
26	Sat				
27	Sun				
28	Mon		15:00	15:15	×
29	Tue	National Holiday (Showa Day)			
30	Wed	Grade 1-Section 1 to 4, Internal Medical Check-up	15:00	15:15	×

## Schedule of May 5月の予定

- 1日 (Thu) Internal Medical Check-up 3-1~3-4・Niji・Wakaba
- 7日 (Wed) Internal Medical Check-up for 1-5~1-8
- 8日 (Thu) Internal Medical Check-up for 3-5~3-9
- 13日 (Tue)・14日 (Wed) Urine first test
- 15日 (Thu) Internal Medical Check-up for 2-1~2-5
- 16日 (Fri) Electrocardiogram test for 1<sup>st</sup> graders
- 22日 (Thu) Dental check-up for Wakaba・1<sup>st</sup> Graders
- 28日 (Wed) Sports Festival (*Danketsu-sai*)  
(spare day 30日)

**An emotional finale!**  
296 students were graduated on Mar. 7<sup>th</sup>



Their dignified expressions, their responses echoing through the gymnasium, and the graduation chorus of "Ode of the Earth" and "Ultramarine" have really made us look forwards to their future endeavors.

### 【生徒の活躍】

第57回岐阜県アンサンブルコンテスト岐阜県大会 銅賞 金管4重奏

2年 小原 名緒子 藤木 優羽 座馬 煌牙  
1年 福嶋 悠真

第41回中部日本個人・重奏コンテスト(個人部)

岐阜県大会本選 銀賞 2年 大野 杏奈  
岐阜県大会予選 金賞 2年 渡邊 市芭

### 【Toward moving for the happiness of my own and everyone's】

Nagae Kazuki, a 2<sup>nd</sup> grade student, a member of the executive committee, gave a valedictory speech at the graduation ceremony. He said, "I will create a space where each individual can share their opinions and lead the school with determination, just like our predecessor". We look forward to seeing even more success among our students in the 2025 academic year.

### 【To all the guardians/parents】

#### ◎ About 7<sup>th</sup> (Mon)

When they arrive at school, the new 3<sup>rd</sup> graders will gather in the gymnasium, and the new 2<sup>nd</sup> graders will gather in the martial arts hall. They will be informed class announcements and then move to their new classroom.

#### ◎ PTA Extraordinary General Meeting (Amendment of rules)

The extraordinary general meeting was attended by 480 members, more than half of all members, and the resolution was passed with 479 votes in favor. We would like to continue to carry out sustainable PTA activities in the 2025 academic year too. Regarding the projects at the Executive Committee meeting on Tuesday, April 15<sup>th</sup>, with the new PTA president making proposals in the gymnasium before class observation on Friday, April 25<sup>th</sup>, and the resolution will be taken via online voting.

#### ◎ Contact details during spring break

If you have any emergency during spring break, please contact Higashi Junior High School. If you have any emergency out of the following hours, please contact the relevant authorities.

【Higashi J.H.S.】 (0574) 25-3885

Weekday 8:00 am ~ 4:30 pm

【Kamo Police Station】 25-0110 (main number)

【Chuno Kodomo Consultation Center】 25-3111 (main)